

# Udaynarayanpur Madhabilata Mahavidyalaya



(Govt. Aided & Affiliated to Calcutta University)  
Estd - 2006

P.O.-Udaynarayanpur (Jangalpara), Howrah-711226

Phone No.- 03214 -291061/9434543278

E-mail- principalumm@gmail.com

Website:www.udaynarayanpurmahavidyalaya.org

## CAPACITY DEVELOPMENT AND SKILLS ENHANCEMENT ACTIVITIES

(ACADEMIC SESSION: 2022-23)

### REPORT ON PERFORMANCE OF SPOKEN ENGLISH COURSE

In spite of being a remotest village college, Udaynarayanpur Madhabilata Mahavidyalaya has always been very concerned about the overall development and progress of the students of the institution. Keeping in mind the above necessity and objective, a number of Capacity Building and Skills Enhancement Initiatives have been taken by the institution, and the Spoken English Course has been introduced in the college as one of such Initiatives.

The ability to communicate in English is of utmost importance in today's world. Udaynarayanpur Madhabilata Mahavidyalaya always endeavours to instill in its students the skills required for them to successfully navigate the changing demands of social and professional spheres. One such step taken by the college is the facility of a **Special Certificate Course in Spoken English in coordination with Abhinav Institute, Serampore, British Council and George Telegraph Institute.** The course is open to all the students enrolled in both Honours and General Courses of the college and students are actively encouraged to participate in the same. The course also trains students in essential soft skills required for job interviews and career development. **In the academic session 2022-23, 18 students successfully completed the course with the George Telegraph Institute.**

*The following table illustrates the required details for Spoken English Course:*

Name of the Capacity Building and Skills Enhancement Initiative	Academic Session	Period (from date – to date)	Number of students enrolled	Number of students having obtained Course Completion Certificate	Name of Agencies involved
Spoken English Course	2022-23	10.01.2023 – 10.07.2023	53	18	George Telegraph Institute

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 **GEORGE TELEGRAPH SCHOOL OF SKILLS**

 Training Partner  
N.S.D.C.  
National Skill Development Corporation  
Enriching the skill landscape

To  
The Principal  
Udaynarayanpur Madhabilata Mahavidyalaya  
Udaynarayanpur, Howrah


Respected Sir,


The George Telegraph Training Institute is happy to inform you that we completed a Spoken English & Soft skill development course (Talk Smart) at your college premises for college students. Below is the course objectives, course outline, assessment methods, assessment marks & date. I have also attached the sample copy of certificate for students. Please provide the logo of your college for certificate.

Course Duration: 6 months (72 Hours)

Course Description: This comprehensive course is designed to enhance spoken English proficiency while also developing essential soft skills for college-level students. The course aims to equip students with effective communication skills and interpersonal abilities necessary for success in academic, professional, and personal settings. Through interactive sessions, practical exercises, and real-life simulations, students will improve their spoken English, grammar, vocabulary, pronunciation, and overall soft skills, including teamwork,

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leadership, critical thinking, and adaptability.

Course Objectives: By the end of the course, students should be able to:


1. Communicate fluently and confidently in spoken English.
2. Demonstrate a solid understanding of grammar and vocabulary.
3. Enhance pronunciation, intonation, and accent in English.
4. Develop active listening and comprehension skills.
5. Apply effective communication strategies in diverse contexts.
6. Engage in meaningful teamwork and collaboration.
7. Demonstrate leadership qualities and problem-solving skills.
8. Cultivate critical thinking and analytical abilities.
9. Develop adaptability and resilience in dynamic environments.
10. Build self-confidence and professional demeanour.


Course Outline:

Module 1: Foundation in Spoken English

- Introduction to spoken English and its importance
- Basic grammar and sentence structure
- Vocabulary building and word usage
- Pronunciation and phonetics

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▫ Listening comprehension exercises

Module 2: Fluency and Communication Skills

- Developing fluency through speaking exercises
- Expressing ideas clearly and concisely
- Engaging in conversations and discussions
- Practising effective turn-taking and interrupting techniques
- Non-verbal communication and body language

Module 3: Grammar and Vocabulary Enhancement

- Intermediate level grammar concepts and usage
- Idioms, phrasal verbs, and collocations
- Expanding vocabulary through reading and word activities
- Contextual usage and nuances of English words
- Error correction and self-editing skills

Module 4: Public Speaking and Presentation Skills

- Overcoming stage fright and nervousness
- Structuring and organising effective presentations
- Visual aids and presentation techniques

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▫ Using voice modulation and gestures

▫ Handling question-and-answer sessions confidently

Module 5: Debating and Discussion Skills

- Understanding different perspectives in debates
- Constructing arguments and counterarguments
- Logical reasoning and critical thinking in discussions
- Active listening and responding to others' views
- Negotiating and reaching consensus in group discussions

Module 6: Soft Skills for Professional Success

- Interpersonal communication and active listening
- Teamwork and collaboration skills
- Leadership qualities and problem-solving abilities
- Time management and organizational skills
- Adaptability and resilience in dynamic environments

Module 7: Cross-cultural Communication

- Cultural awareness and sensitivity in communication

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## Model Certificate



## REPORT ON YOGA-ORIENTED ACTIVITIES

In spite of being a remotest village college, Udaynarayanpur Madhabilata Mahavidyalaya has always been very concerned about the overall development and progress of the students of the institution. Keeping in mind the above necessity and objective, a number of Capacity Building and Skills Enhancement Initiatives have been taken by the institution, and the Yoga-oriented activities have been started in the college as one of such Initiatives.

The institution has a Department of Physical Education which was established in the Academic Session 2009-10 in order to promote the activities related to Sports and Games as well as Yoga by the students of the college. There is one hall room (size 630 square feet) in the Department of Physical Education, used as Yoga Centre to upgrade and develop the mental and physical health of the students of the college.

In the departmental routine of the Department of Physical Education, Yoga classes are allotted and taken regularly in every week for each Semester. Through Yoga Practice the students are facilitated to develop their physical, mental, social health and emotional control as well as to increase their ability to prevention of disease. The Department of Physical Education also organizes Yoga Demonstration every year for the students. The college students are very much satisfied to attend Yoga Practical and Theoretical classes.

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The following table illustrates the required details for Yoga-oriented activities:

Name of the Capacity Building and Skills Enhancement Initiative	Academic Session	Date of implementation	Number of students enrolled	Organized by
YOGA	2022-23	22.08.2022	48	Udaynarayanpur Madhabilata Mahavidyalaya

## NOTICE AND SIGNATURE OF YOGA DEMONSTRATION ACTIVITIES

Udaynarayanpur Madhabilata Mahavidyalaya (Govt. Aided & Affiliated to Calcutta University) Estd - 2006 P.O.-Udaynarayanpur (Jangalpara), Howrah-711226 Phone No.- 03214 -291061/9434543278 E-mail- principalumm@gmail.com Website:www.udaynarayanpurmahavidyalaya.org	Udaynarayanpur Madhabilata Mahavidyalaya (Govt. Aided & Affiliated to Calcutta University) Estd - 2006 P.O.-Udaynarayanpur (Jangalpara), Howrah-711226 Phone No.- 03214 -291061/9434543278 E-mail- principalumm@gmail.com Website:www.udaynarayanpurmahavidyalaya.org																										
Ref.No. .... <u>NOTICE</u> This is to notify to all concerned that a "Yoga-Demonstration" will be held on 8th June, 2023. The students are advised to submit their name to Bishu Pramanik (Dept. of Physical Education) within 2nd June, 2023. Addressed 23.5.23 Principal Udaynarayanpur Madhabilata Mahavidyalaya Howrah - 711226	Ref.No. .... Yoga Demonstration Session- 2022-2023 List of the name of the participants:- <table border="1"><thead><tr><th>Boys</th><th>Girls</th></tr></thead><tbody><tr><td>1. Pooja Mondal</td><td>1. Shipra Konnor</td></tr><tr><td>2. Sudip Ghosh</td><td>2. Susmita Pral</td></tr><tr><td>3. Saikat Konnor</td><td>3. Moumita Das</td></tr><tr><td>4. Koushik Adhikary</td><td>4. Ranjana Bodek</td></tr><tr><td>5. Pradip Hazra</td><td>5. Rakhi Ghose</td></tr><tr><td>6. Diliman Pal</td><td>6. Sunitra Konnor</td></tr><tr><td>7. Himadri Patra</td><td>7. Pooja Ghose</td></tr><tr><td>8. Saikat Manna</td><td>8. Tina Saha</td></tr><tr><td>9. Anindya Ghosh</td><td>9. Riya Bag</td></tr><tr><td>10. Bixam Sarmal</td><td>10. Pijali Sarmal</td></tr><tr><td>11. Shamick Das</td><td></td></tr><tr><td>12. Sathajit Mondal</td><td></td></tr></tbody></table> Addressed 6.6.23 Principal Udaynarayanpur Madhabilata Mahavidyalaya Howrah - 711226	Boys	Girls	1. Pooja Mondal	1. Shipra Konnor	2. Sudip Ghosh	2. Susmita Pral	3. Saikat Konnor	3. Moumita Das	4. Koushik Adhikary	4. Ranjana Bodek	5. Pradip Hazra	5. Rakhi Ghose	6. Diliman Pal	6. Sunitra Konnor	7. Himadri Patra	7. Pooja Ghose	8. Saikat Manna	8. Tina Saha	9. Anindya Ghosh	9. Riya Bag	10. Bixam Sarmal	10. Pijali Sarmal	11. Shamick Das		12. Sathajit Mondal	
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## Discussion on Various Career Opportunities (2022-23)

Date: 04.01.2023

Platform: Offline Workshop (Room

no. 09)No. of Participants: 74

Organised by: IQAC Cell and the Students' Counselling Cell of the College.

### **Programme Schedule:**

Welcome address: Biswajit Bag, Assistant Professor and Convener.

Introductory Speech: Dr. Arabinda Ghosh, Principal.

Main Session: Mudassar Nazar Baidya, Assistant Professor, Dep. of Education.

Valedictory Session: Sreemoyee Banerjee, Assistant Professor, IQAC Coordinator.

The Students' Counselling Cell and IQAC of our College organised a Workshop on 4<sup>th</sup> January, 2023. Dr. Arabinda Ghosh and Biswajit Bag discussed on the importance and activities of the Cell. Mudassar Nazar Baidyadelivered a lecture on the scope and required eligibility of different types of Govt. Job. He also mentioned variousGovt. schemes that are designed to guide the aspiring candidates. 74 students attended the programme. The programme concluded with a detailed interactive session.



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## THE HAPPY GUT

**Date-** 22-09-2022

**Mode-** Offline

**No. of participants-** 65

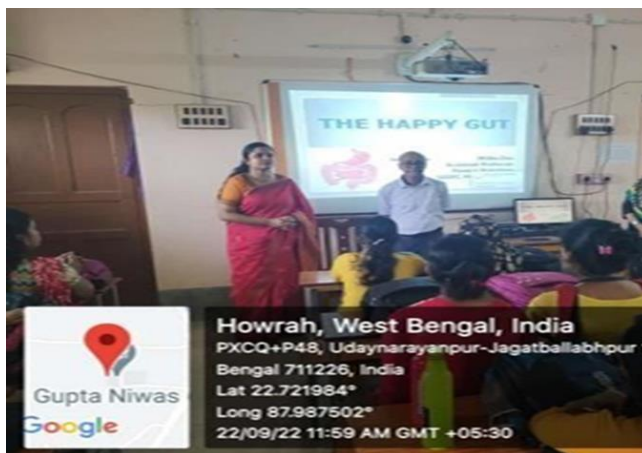
**Speaker-** Nilita Das, Assistant Professor, Narayanarh Govt. Degree college

**Theme-** The happy gut

**Outcome-** The lecture focused on importance of gut health and maintenance of gut health with daily traditional diet. The issue generated discussion over local food and their role in gut health.

**BRIEF REPORT-** The dept of food and nutrition in collaboration with dept of physical education conducted an intra departmental seminar. The seminar was initiated by welcome address by the principal of the college. The invited speaker Nilita Das is working as an Assistant Professor of food and nutrition in Government Narayanarh College. She conducted a session on the happy gut. The nutrition science has proved gut is the most important organ of human body to provide health, immunity and happiness. She took example of many of our traditional food items like curd, pantabhat, etc to showcase how they behave when consumed. The consumption of such products is linked with good bacteria in gut. The session included lots of examples and interaction and discussion regarding traditional diet among speaker and the students. The session created a spark among students to learn more about daily diet and its impact on health.

The program ended with vote of thanks by Shilpa Saha, faculty of dept of physical education.



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## NAVIGATING THROUGH NGO JOBS – LEARNING FROM THE LEADERS

**Date-** 15-06-2023

**Mode-** Offline

**No. of participants-** 47

**Speaker-** Mayukhmala Guha, Ex- State Program Manager, State Resource Center of Nutrition, West Bengal

**Theme-** —Navigating through NGO jobs - Learning from the leaders’’

**Outcome-** This programme was need of hour to encourage student to learn about applicability of nutrition in job market. The endless interaction even after the session and follow-up is a boost for the dept to conduct many such programs in future.

**BRIEF REPORT-** A program to find opportunities right after graduation was conducted. The course curriculum gives specific skills regarding surveys, dietary calculation, health surveys and understanding of community programs like mid-day meal, icds etc. These skills are suitable for jobs in non-government organization who works on health and education for under privileged population. To match the need of the session, the department invited Mayukhmala Guha who has worked with very top ngos of India and govt programs to reach underprivileged population. The program was formally introduced by Dr. Sreemoyee Banerjee, iqac coordinator She has worked with *cini*, *sneha* and has worked with nutrition rehabilitation centre of west Bengal. Later she rose to the roll of program manager of unicef state centre in west Bengal. The vast experience was shared with our students to give them a perspective of how ngos work

  
Principal  
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in real field. She explained variety roll available in ngos and how big the job market is. She also gave an idea about the pay scale. She discussed in length about how to search and apply for these jobs. The discussion included skills and techniques required to face the interview. The explosions of doubts and questions end of the session validate need and success of the session.

The session was divided in two parts. In the second part the speaker was invited to attend the exhibition by students. Students exhibited their poster and drawings made for national nutrition Month. The speaker checked each poster and commented on the rights and wrongs of each poster. She matched the posters suitability with her experience in field counseling session. She a identified few posters as outstanding and suggested for proper display in the classroom for coming year students. The students found this experience cerebral and encouraging.

The program ended with vote of thanks by Head of the dept.



*Udaynarayanpur*  
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SAMPLE	COMPONENTS	BENEFITS	SAMPLE	COMPONENTS	BENEFITS
	<p><b>MILK</b></p> <p>Contains protein, calcium, and vitamins.</p>	<p>Good source of protein and calcium.</p> <p>Helps in bone growth and repair.</p>		<p><b>MILK</b></p> <p>Contains protein, calcium, and vitamins.</p>	<p>Good source of protein and calcium.</p> <p>Helps in bone growth and repair.</p>
	<p><b>GRAIN</b></p> <p>Contains carbohydrates and fiber.</p>	<p>Provides energy and fiber.</p> <p>Essential for a healthy diet.</p>		<p><b>GRAIN</b></p> <p>Contains carbohydrates and fiber.</p>	<p>Provides energy and fiber.</p> <p>Essential for a healthy diet.</p>
	<p><b>VEGETABLES</b></p> <p>Contains vitamins, minerals, and antioxidants.</p>	<p>Rich in vitamins and minerals.</p> <p>Supports overall health and immunity.</p>		<p><b>MILK</b></p> <p>Contains protein, calcium, and vitamins.</p>	<p>Good source of protein and calcium.</p> <p>Helps in bone growth and repair.</p>
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## FLYER OF THE VALUE-ADDED COURSE ON IMPLEMENTATION OF G.I.S IN GEOGRAPHIC STUDIES

**value added course on  
IMPLEMENTATION OF G.I.S IN  
GEOGRAPHICAL STUDIES**

Organized by  
Department of Geography  
UDAYNARAYANPUR MADHABILATA MAHAVIDYALAYA

VENUE: Department of Geography  
FROM 12<sup>th</sup> NOV, 2022 to 4<sup>th</sup> MARCH, 2023  
TIME: EVERY SATURDAY 10:30 TO 1.30 PM

RESOURCE PERSON  
SHOVON KALA  
G.I.S EXECUTIVE  
APIRADIX PRIVATE LIMITED

COURSE COORDINATOR  
DEBLEENA SINGH  
HOD, DEPT.OF GEOGRAPHY

*Principal*  
Principal  
Udaynarayanpur Madhabilata Mahavidyalaya  
Howrah - 711226



## SYLLABUS OF THE COURSE

### VALUE-ADDED COURSE ON IMPLEMENTATION OF GIS in GEOGRAPHICAL STUDIES

Organised by

DEPARTMENT OF GEOGRAPHY

UDAYNARAYANPUR MADHABILATA MAHAVIDYALAYA

### SYLLABUS:

1. Concept of GIS data structures types: Spatial and non-spatial, raster and vector [1 class]
2. Principles of preparing attribute tables, data manipulation, and overlay analysis [2 classes]
3. Digitisation of features and administrative boundaries. Data attachment, overlay, and preparation of annotated thematic maps. [3 classes]
4. Reprojection [2 classes]
5. Image georeferencing and enhancement. Preparation of reflectance libraries of LULC features across different image bands of IRS L3 or Landsat OLI data [6 classes]
6. Database Attachment & Database Query (3 classes)
7. Data Visualization & Data Analysis (3 classes)
8. Different types of thematic mapping & layout. [3classes]
9. Waypoint collection from GNSS receivers and exporting to GIS database (6 classes)
10. Examination (1 classes)

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## REPORT ON VALUE ADDED COURSE ON IMPLEMENTATION OF G.I.S IN GEOGRAPHIC STUDIES

**NAME:** VALUE ADDED COURSE ON IMPLEMENTATION OF G.I.S IN GEOGRAPHIC STUDIES

**ORGANISED BY:** DEPARTMENT OF GEOGRAPHY.

**DURATION:**12<sup>th</sup> NOVEMBER,2022 TO 4<sup>th</sup> March, 2023.

**NO. OF CLASSES:** 30

**TOTAL NO. OF STUDENTS PARTICIPATED:** 17

**RESOURCE PERSON:** SHOVAN KALA, G.I.S EXECUTIVE, APIRADIX PRIVATE LIMITED.

**COORDINATOR:** DEBLEENA SINGH, HOD, DEPARTMENT OF GEOGRAPHY.

**AIMS & OBJECTIVES:** This course aims to provide the students with advance knowledges of Geographical Information System and Remote Sensing. It will be a great help for the students who want to pursue M. Sc in Remote Sensing and G.I.S as well as career in the field of G.I.S.

**REPORT:** This value-added course was the initiative from the Department of Geography under the patronage of our Principal Dr. Arabinda Ghosh for qualitative learning of Geographical Information System which has great career opportunity in this time. The course started from 12<sup>th</sup>November,2022 and was completed on 4<sup>th</sup>March, 2023. Examination was held on 4<sup>th</sup>March, 2023 and Students received certificates after successful completion of their course.

### CERTIFICATE DISTRIBUTION OF G.I.S COURSE



*Arabinda Ghosh*

Principal  
Udaynarayanpur Madhabilata Mahavidyalaya  
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## REPORT OF ONE-DAY KARATE WORKSHOP

**Date of Programme:** 16.03.2023

**Time:** 12 p.m. – 2 p.m.

**Platform:** Offline Mode

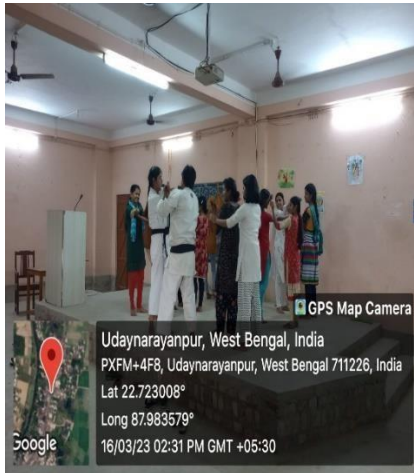
**Venue:** Seminar Hall of College (Room No. – 9)

**Organized by:** Gender Sensitization Cell against Sexual Harassment in collaboration with Internal Quality Assurance Cell of Udaynarayanpur Madhabilata Mahavidyalaya

**No. of Participants:** 62 female students

**Theme of the Workshop:** 'Raising awareness on basic self-defence techniques for women students of the College'

**Outcome:** On 16.03.2023, a one-day Karate Workshop, organized by the Gender Sensitization Cell against Sexual Harassment in collaboration with the Internal Quality Assurance Cell of Udaynarayanpur Madhabilata Mahavidyalaya, was arranged for the female students of the college as part of this three-day long Programme. The workshop was conducted by Sensei Dhananjay Paul of the Karate Association of India. The event was principally an awareness-raising programme on basic self-defence techniques for women students of the College. The workshop saw such enthusiastic participation that the institution proposed further collaborative workshops with Sensei in our institution in the upcoming years.



*Ajit*  
Principal  
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## REPORT OF TWO-DAY KARATE WORKSHOP

**Date of Programme:** 15.06.2023 & 16.06.2023

**Time:** 12 p.m. – 2 p.m.

**Platform:** Offline Mode

**Venue:** Seminar Hall of College (Room No. – 9)

**Organized by:** Gender Sensitization Cell against Sexual Harassment in collaboration with Internal Quality Assurance Cell of Udaynarayanpur Madhabilata Mahavidyalaya

**No. of Participants:** 34 female students

**Theme of the Workshop:** ‘Strengthening self-defence capacity of the women students of the College’

**Outcome:** On 15.06.2023 and 16.06.2023, a two-day Karate Workshop, organized by the Gender Sensitization Cell against Sexual Harassment in collaboration with the Internal Quality Assurance Cell of Udaynarayanpur Madhabilata Mahavidyalaya, was arranged for the female students of the college in continuation with the one-day Karate Workshop, previously held as part of Women’s Week Celebration. The workshop was conducted by Sensei Dhananjay Paul of the Karate Association of India. Through the organization of recurring self- defence workshops for women students, the institution foregrounds its dedication to promote both physical fitness and self-confidence of its students, majority of whom are young women.



PXCQ+P48, Udaynarayanpur  
-Jagatballabhpur 1, Howrah,  
West Bengal 711226, India  
15 Jun 2023 01:17 pm

overcast  
clouds  
37.0 °C

*A. Ghosh*

Principal  
Udaynarayanpur Madhabilata Mahavidyalaya  
Howrah - 711226

# Udaynarayanpur Madhabilata Mahavidyalaya



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P.O.-Udaynarayanpur (Jangalpara), Howrah-711226

Phone No.- 03214 -291061/9434543278

E-mail- principalumm@gmail.com

Website:www.udaynarayanpurmahavidyalaya.org



*Howrah*

Principal  
Udaynarayanpur Madhabilata Mahavidyalaya  
Howrah - 711226



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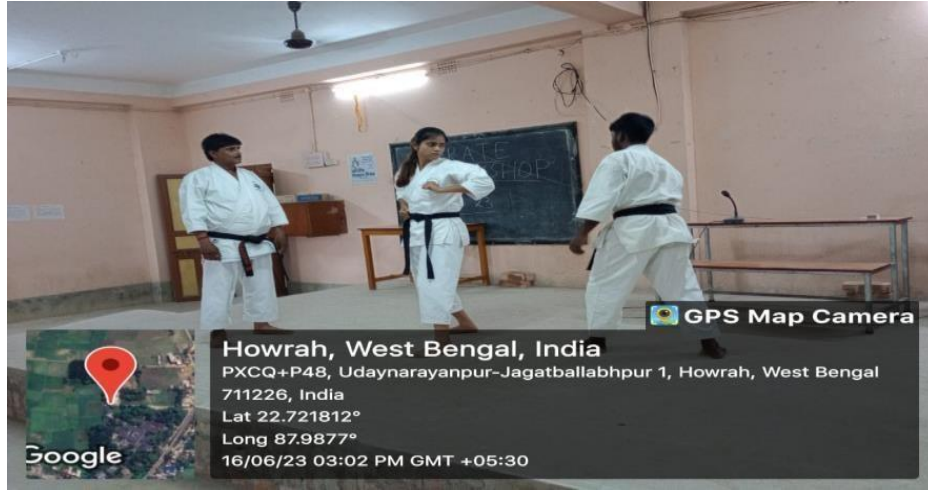
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GPS Map Camera

Howrah, West Bengal, India

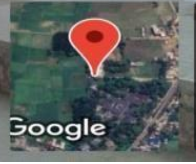
PXCQ+P48, Udaynarayanpur-Jagatballabhpur 1, Howrah, West Bengal

711226, India

Lat 22.721812°

Long 87.9877°

16/06/23 03:02 PM GMT +05:30



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GPS Map Camera

Howrah, West Bengal, India

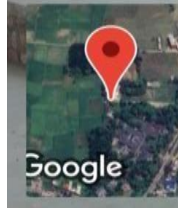
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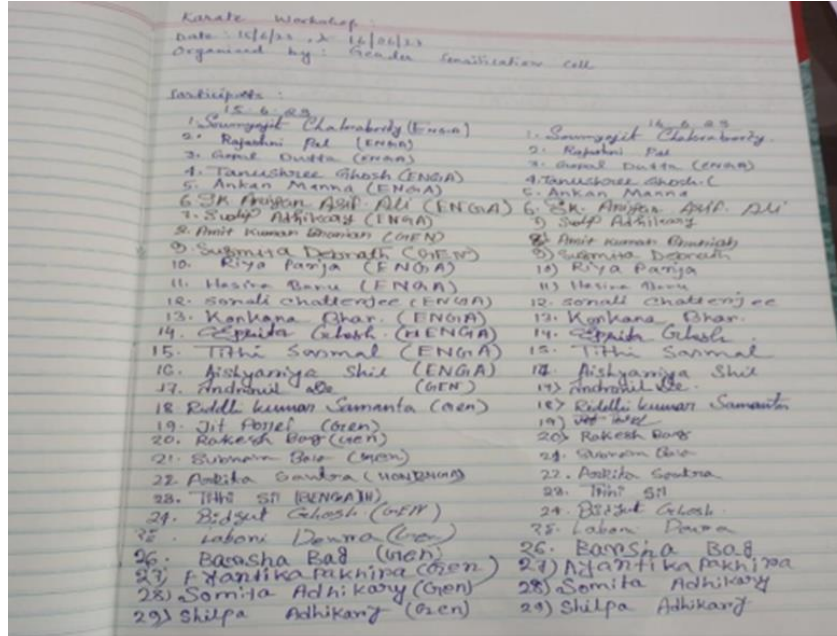
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Phone No.- 03214 -291061/9434543278

E-mail- principalumm@gmail.com

Website:www.udaynarayanpurmahavidyalaya.org

## SIGNATURE OF THE PARTICIPANTS



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Udaynarayanpur Madhabilata Mahavidyalaya  
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*Principal*

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